

Shadow Stripes Cowl

By Sarah Thornton

The beauty of simple shines here – you could do tricky stitches, lace, or texture... but why, when lovely stockinette shows off the beauty of the yarn? I've worked this cowl in the workhorse yarn Cascade 220 – a widely available 100% wool yarn from Peru that is fairly soft on its own - paired with a mohair/silk blend lace. Worked at a loose gauge, this yarn pairing works up quickly into a cozy cowl large enough to pull up over your head when a chill wind blows.

Finished Measurements

Laying flat: 30cm (12") wide and 39cm (15.5") tall

Materials

Yarn:

Carry two yarns together. You'll need approximately 200 m (220yds) of a light worsted weight yarn that knits at approx. 18-20sts/10 cm, and the same amount (200m) of a mohair/silk blend lace weight yarn (25g/210m) – the pattern shows stripes of 4 different colours.

Pictured sample uses Cascade 220 Heathers [100% Peruvian wool, 100g, 200m] in Charcoal Grey (8400) and DROPS Kid-Silk [75% Mohair, 30% Mulberry Silk, 25g/210m] in 4 colours (listed as MC and CC1 – 3). The stripes use approximately 40 m each of MC and CC2 and 60m each of CC1 and CC3.

Suggested needle size:

7 mm, 60cm (24") circular needle

Notions:

Yarn needle

Gauge: (yarn held two strands together)

~14 sts/10 cm (4") in stockinette st, worked in the round

Pattern Notes

Two yarns are held together throughout – the wool yarn stays the same throughout and you'll switch out the mohair/silk accent colour. Don't break the mohair strand until after the two single rounds. Cast on using a method that gives you a substantial edge – LTCO or GTCO. If you use a lighter cast on (for e.g., backwards loop), you will likely want an extra round or two of garter to define the edge.



CO: cast on
 st(s): stitch(es)
 K : knit
 P : purl
 LTCO: Long Tail Cast On
 GTCO: German Twisted Cast On

Directions

Use MC wool throughout and switch the mohair/silk colour as indicated below and in Chart 1.

Using MC wool and MC mohair held together, CO 84 sts using German Twisted Cast On or Long Tail Cast On. Join for working in the round. P one round.

K 7 rounds using MC wool + MC mohair held together (charcoal)

Drop the MC mohair and pick up the CC1 colour (teal) of mohair. K 1 round CC1, K 1 round MC, K 1 round CC1, K 1 round MC, break MC mohair strand leaving a 15cm tail (do not break MC wool strand).

K 7 rounds CC1 held with MC wool (teal)

join mohair CC2 (pink)

K 1 round CC2, K 1 round CC1, K 1 round CC2, K 1 round CC1, break CC1 mohair strand leaving a 15cm tail.

K 7 rounds CC2 held with MC wool (pink)

join mohair CC3 (purple)

K 1 round CC3, K 1 round CC2, K 1 round CC3, K 1 round CC2, break CC2 mohair strand.

K 21 rounds CC3 held with MC wool (purple)

join mohair CC1 (teal)

K 1 round CC1, K 1 round CC3, K 1 round CC1, K 1 round CC3, break CC3 mohair strand leaving a 15cm tail.

K 7 rounds CC1 held with MC wool (teal)

join mohair MC (charcoal)

K 1 round MC, K 1 round CC1, K 1 round MC, K 1 round CC1, break CC1 mohair strand.

K 2 rounds MC held with MC wool (charcoal)

P 1 round MC

Bind off knit-wise using MC wool + MC mohair

Finishing

Break both strands of yarn. Weave in ends using yarn needle. Weave in ends from cast on and from switching mohair colours.

Soak in sink of tepid water with a drop of wool wash for 20 minutes. Squeeze out the water with a towel and spread the cowl onto a blocking mat or towel. Smooth and leave to dry.

	3	C
	1	T
	1	C
	1	T
	1	C
	7	T
	1	Pu
	1	T
	1	Pu
	1	T
	21	Pu
	1	Pi
	1	Pu
	1	Pi
	1	Pu
	7	Pi
	1	T
	1	Pi
	1	T
	1	Pi
	7	T
	1	C
	1	T
	1	C
	1	T
	7	C

Chart 1 * Stripe pattern: work chart from bottom to top; work # of rows indicated of each mohair CC held with the MC wool yarn.